

Consent Form

Naturopathic physicians (ND) obtain a doctorate in naturopathic medicine after graduating from an accredited naturopathic medical institution. NDs complete training in the study of biological sciences and conventional medical diagnoses and treatment. In addition, NDs receive extensive training in clinical nutrition, homeopathy, botanical medicine, physical medicine, pharmacologic therapy, clinical and laboratory diagnosis, diagnostic imaging and procedures and counseling. NDs concentrate on whole-patient wellness and address the underlying causes of the patient's illness rather than focusing solely on symptoms. Naturopathic remedies may require more time to be effective, yet often provide long-lasting health improvements.

Dr. Clara Barnett is a board-certified Naturopathic Physician and Licensed Acupuncturist in the state of Washington. Dr. Barnett focuses her practice on the enhancement of health. Dr. Barnett offers adjunctive specialty care to patients. Dr. Barnett's patients should consult their primary care physician for their general health needs. Dr. Barnett's services are not meant to replace or substitute those of another practitioner who services their primary care health needs.

Acupuncture is a healing therapy which involves inserting fine needles into specific points, along meridians on the body. It can reestablish and unblock the flow of qi or energy. In addition to the use of needles, the scope of acupuncture includes the use of electrical, mechanical or magnetic devices to stimulate acupuncture points, moxibustion, acupressure, cupping, point injection, infra-red therapy and dietary advice based on Traditional Chinese Medicine.

All therapies, including the naturopathic/acupuncture modalities described above have the potential to create both desirable and undesirable effects. Of the latter, such effects can include the following: allergic reactions/sensitivities/adverse effects to recommendations of natural supplements and adjustments to making lifestyle modifications. Acupuncture side effects may include some pain following treatments in the insertion area, minor bruising, infection, needle sickness (fainting) and broken needle.

If you are pregnant, taking anti-coagulant drugs (Coumadin), have a severe bleeding disorder (hemophilia), heart condition, diabetes, circulatory problems, blood clots, cancer/malignancies, bone disorders (osteoporosis, Paget's disease, Multiple Myeloma), metal implants or have a pacemaker, please inform Dr. Barnett prior to your treatment.

I understood all records will be kept confidential and will not be released to others unless so directed by my representative or myself or unless law requires it. I understand that I may look at my record at any time and request a copy of it. I understand that my medical record will be kept for a minimum of three, but no more than ten years after my last visit. I understand that information from my medical record may be analyzed for research purposes and that my identify will be protected and kept confidential.

I, _____, have read and understood this consent form. With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given by Dr. Barnett regarding cure or improvement of my condition. I understand that I am free to withdraw from this consent and treatments at any time.

Signature (if minor, parent/guardian signature): _____

Date: _____

